

## Aminolevulinic Acid (ALA), Urine

**Test ID:** FALAU

**Explanation:** Effective 03/21/2023, test ID FALAU, referred to ARUP Laboratories, will be obsolete due to in-house Mayo test ID ALAUR availability.

**Recommended Alternative Test:**

## Aminolevulinic Acid, Urine

**Test ID:** ALAUR

### Methodology:

Liquid Chromatography-Tandem Mass Spectrometry (LC-MS/MS)

### Reference Values:

<1 year: < or =10 nmol/mL

1-17 years: < or =20 nmol/mL

> or =18 years: < or =15 nmol/mL

### Specimen Requirements:

**Patient Preparation:** Patient should abstain from alcohol for 24 hours prior to and during testing.

**Supplies:** Urine Tubes, 10 mL (T068)

**Specimen Volume:** 2 mL

**Collection Instructions:** Collect a random urine specimen.

**Minimum Volume:** 1 mL

### Specimen Stability Information:

Specimen Type	Temperature	Time
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Urine	Refrigerated (preferred)	28 days
	Frozen	45 days

**CPT Code:** 82135

**Day(s) Setup:** Tuesday, Thursday

**Report Available:** 3 to 7 days

**Questions:**

Contact MCL Referrals Supervisor Amy Bluhm at 800-533-1710.